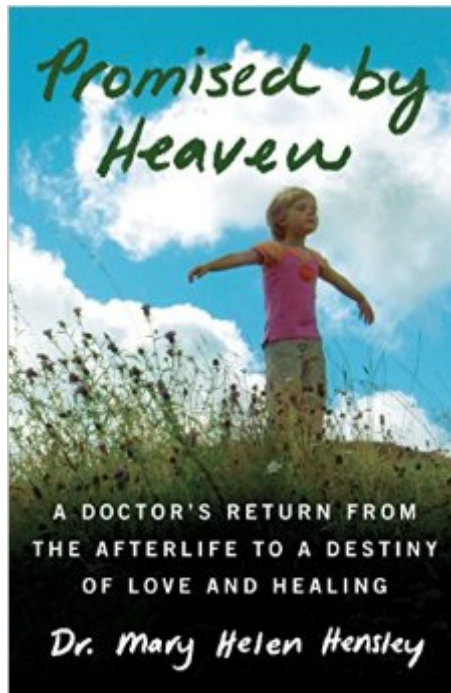


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Promised By Heaven: A Doctor's Return From The Afterlife To A Destiny Of Love And Healing



Synopsis

A moving and inspirational memoir of love, loss, and renewal, *Promised by Heaven* tells the amazing story of how one woman's near-death experience and glimpse of heaven led her to discover her gifts of healing and share them with the world. In December of 1991, Mary Helen Hensley was involved in a car accident that changed her life forever. Upon impact, traveling at more than seventy-five miles per hour, she felt time stall and temporarily left her body. In those moments, Mary Helen was consumed with a sudden clarity. She realized she had the choice to either remain in her body or exit from the earth, allowing the remainder of the scene to unfold without feeling any pain. She chose to depart from her body and enter heaven. In heaven, Mary Helen was welcomed by two angels who walked her through the place of light and encouraged her to go back to earth and help others. When she returned to earth, Mary Helen was suddenly struck with a desire to live a life of service and quickly set out on a journey into metaphysical healing. Her adventures took her to Ireland, where she went on to become a chiropractor, find love and new friendships, become a mother, and help numerous people with her gifts of communicating with the dead and seeing into the future. *Promised by Heaven* is a remarkable spiritual journey that questions everything we understand to be true. Describing in great detail her experience in heaven, meeting angels, and returning to earth a changed woman, Mary Helen Hensley offers an unforgettable account of her path to find her true calling.

Book Information

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Best Sellers Rank: #202,690 in Books (See Top 100 in Books) #258 in [Books > Religion & Spirituality > New Age & Spirituality > Reincarnation](#) #4577 in [Books > Self-Help > Personal Transformation](#) #6846 in [Books > Biographies & Memoirs > Memoirs](#)

Customer Reviews

A very honest, fascinating, eye opening account of how the author's life was changed by her near

death experience. Reading about the Beings of Light, her 'Council,' that she encountered when she left her body, was very thought provoking, comforting and informative. Following their guidance, she moved from the USA to live in Athlone, in Ireland where she has a very successful Chiropractic and Metaphysical Healing Practice. The story of how she finally ends up in Ireland is engrossing and the author writes with great humour and honesty about the trials and tribulations that beset her as she tries to follow that path that she and her Council had already planned before she came back to her current earthly incarnation. A page turning read by an author of great faith, trust, generosity of spirit and authenticity. For people who are open to, and interested in metaphysical and esoteric knowledge this is for you.

Wonderful book. Something every American should read. We are all too stressed out and take ourselves way too seriously. This book explains why this is unnecessary and gives us permission to let go of our competitive cynicism and give into the positive cycle of life (and it is a cycle). A must read for anyone seeking spiritual and/or metaphysical guidance and answers.

This true story seized my interest from the first page and didn't let go till the very end. Now I am eagerly awaiting Mary Helen Hensley's next book. Promised by Heaven is a fascinating account of her experiences following a horrific automobile accident that sent her to "the other side" and changed and enriched her life and the lives of those with whom she now shares her skill and wisdom. I hardly ever read a book more than once but I have read this one twice...so far!

I love memoirs--especially ones written by people who've encountered unusual phenomena--but I don't think there's yet been another memoir I've read TWICE within six months of buying it. Hensley's book stands out in both the memoir and metaphysical genres because of her down-to-earth authenticity and willingness to wrestle with the tension between normal daily skeptical life and the extraordinary moments that convince us there's way more out there than we're usually aware of. Hensley takes us along on her personal journey of spiritual discovery--complete with its many bumps in the road--and the ride couldn't be more rewarding. I heartily recommend this memoir to anyone who's had some strange experiences of their own and finds themselves wondering what on earth they mean. I've also written a longer review of Promised by Heaven that you can find at <https://sharonrawlette.wordpress.com/2016/05/27/promised-by-heaven/>

I LOVE THIS BOOK! As someone who has died before and come back as well, I am in absolute

alignment with the message that Dr. Hensley shares. Dr. Hensley's message of acceptance with the understanding that we can't mess this thing called life up is one of compassionate forgiveness and pure love! If you're questioning the meaning of life, wondering about your importance to the world, or simply curious about life after death then this is the book for you!

Having nearly died myself on a few occasions, i had fear. Mary Helen's book has really helped with the fear. The antidote to a 'fire and brimstone/burning in hell' childhood i had! A phenomenal writer and all round person, I highly recommend this book and the work of Mary Helen Hensley, a gifted medical intuitive and healer. This book gives hope to those who may be facing their own death...it is a friendly universe and we are all learning. She also has a fierce sense of humor, and a huge heart. Enjoy this journey to beyond and back again.

I couldn't put this book down, it is all consuming. A fascinating story of the author's journey from the first page to the last.

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